

Office Surgery

Many simple procedures are performed in the office under local anesthesia. GFAA has a minor surgery room in addition to the usual patient treatment rooms. Fasting prior to surgery is not necessary; Patients may eat their regular meals on the day of surgery. Another major benefit to in-office surgery is avoiding the recovery associated with general anesthesia or intra-venous sedation. After the majority of these surgeries, patients are allowed to walk out of the office protected in a post-op shoe. Patients taking daily aspirin therapy or anti-inflammatory medications should withhold these medications for 1 week pre-operatively. Many patients on Coumadin or other anti-coagulants do not need to discontinue their medications before surgery as serious bleeding risk is minimal. It is preferred that the patient has a friend or family member drive them home.